

Dear Parents:

What is the key to success for our children, students, teens? Their Self Image !!

*“Science & psychology have isolated the one prime cause for success or failure in life. It is the hidden self image that you have of yourself. Your success in any undertaking will never be greater than the image you have of yourself. Your SELF IMAGE is your own conception of the sort of person you are. It determines what you believe you will be able to accomplish.”*

My name is Sue Stark I am a certified personal development coach and speaker, who's passion, is inspiring others but ... especially kids!

I have been doing some work in a few schools in School District 60 - introducing some of my ideas and would like to offer parents the chance to learn more about what they can do to support their children in building a healthy self image which I believe is the key to success in all areas of our kid's life!

Whether the issue is peer pressure, bullying, grades, friends, study habits, whatever your concern is for your children I believe it can be solved with a strong self image.

The power to build a strong self image lies with the student/ teen/ child but the biggest influence over the building of that self image is you the parent!! And the key word there is influence – If you do not give your kids the tools to develop their self image – they will develop an image for themselves that has been influenced by others.

I would love to introduce you to some of my ideas in a free session

**Tue -Nov 16<sup>th</sup> – Dr. Kearney School – Library-7-8 pm**

I know how valuable your time is - - but - one hour of your time - could inspire you to give one of the greatest gifts you have to give to your kids.

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