

Canada Sport for Life Seminar



Canadian Sport for Life is a framework for developing and delivering sport and physical activity programs to children that is centered on their health, and their mental and physical stage of development. The Canadian Sport for Life model provides a safe and progressive pathway for children to pursue lifelong physical activity, and also offers a progressive pathway to high-performance sport.

What is Physical Literacy? Are kids today developing sound movement skills to have a healthy and active life? Who is responsible for delivering this in your community? What is your role in all of this? Come and join Drew Mitchell with 2010 Legacies Now for a presentation and discussion on the Canadian Sport for Life program, an innovative approach to delivering sport and physical activity in Fort St John. This is a free seminar for parents, teachers, coaches, and athletes.

When: May 26th 6:00 -7:00 pm

Location: Pomeroy Sport Centre, Fort St John

Registration Fee: Free

To reserve your spot please register at www.pacificsport.com/nbc or contact Jennifer Gibson, Sport Development Coordinator.

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